

## “Goal Wheel”

1. Write, between the spokes of your goal wheel:

- Six goals which, when you achieve them, will benefit you and those with whom you share your life.
- Include a goal which will be difficult to achieve by yourself; and for which you will need the support of your spouse or others.

(Remember, to move you forward, goals should be specific, measurable, and achievable.)



2. Place a \$ beside those goals which require money...

(Turn page)

3. Place a \* beside the three goals which you value most...
4. For each, write the process you think will be needed to accomplish your goal ...